



Why is Eucharistic Adoration Important?

1. Jesus is really there in the Eucharist and you grow spiritually through spending time in Jesus' presence.
"I myself am the living bread come down from heaven." (John 6:35)
2. Each hour you spend with Jesus will deepen His peace in your heart.
3. For peace in our country!
"When my people humble themselves and seek my presence. I will revive their land." (2Chronicles 7:14)
4. Jesus wants you to do more than to go to Mass on Sunday.
"Our communal worship at Mass must go together with our personal worship of Jesus in Eucharistic adoration in order that our love may be complete." (Pope John Paul II, Redeemer of Man)
5. Just as you can't be exposed to the sun without receiving its rays, neither can you come to Jesus exposed in the Blessed Sacrament without receiving the divine rays of His grace, His love, and His peace.
6. If Jesus were actually visible in church, everyone would run to welcome him, but He remains hidden in the Sacred Host under the appearance of bread, because He is calling us to faith, that we many come to Him in humility.
7. Day and night Jesus dwells in the Blessed Sacrament because of his Infinite love for you!
"Behold I will be with you always even to the end of the world." (Mt 28:20)
8. Jesus is infinitely deserving of our unceasing thanksgiving and adoration for all he has done for our salvation.
9. Each moment you spend with Jesus in the Blessed Sacrament brings joy, pleasure, and delight to his Sacred Heart!

St. Mary Chapel is open for Eucharistic Adoration every Wednesday immediately following the school Mass until 6:30 p.m.