



THE YEAR OF DISCIPLESHIP

Why Pray the Rosary?

- 1. Peace.** We live hectic lives in a chaotic world. All this can lead to a confusion that fogs the mind, unsettles the soul, and leads to poor decisions. Amidst all this chaos and confusion, our souls yearn for peace and clarity.
- 2. Perspective.** Do you ever feel like taking a nice, long, extended break from the daily commitments and responsibilities? By praying the Rosary we get to step back from who we are, & what we're doing and reassess who we are and what on earth we are doing.
- 3. Always What We Need.** The Rosary is ever fresh, ever new, and deeply personal. Every time we pray it, we can have a completely different experience than we did yesterday or last week. The Rosary doesn't change, but we do. Our questions, struggles and concerns change. Where we are in our journey with God changes. The Rosary provides the context, the format, and the process for God to speak to us about all these things.
- 4. Mary.** Nobody sees the life of a child the way that child's mother does—not even the father. This is Mary's perspective of Jesus' life. She has a unique perspective. It seems that every genuine Christian, not just Catholics, should be interested in that perspective — and not just interested, but fascinated. In the Rosary, we ponder the life of Jesus through the eyes of his mother.
- 5. Awareness.** Being aware of what is happening inside, around us, and to us, is one of the most incredible gifts God can give us. The many ways we can pray and reflect with the Rosary help us grow in awareness.
- 6. Epic Moments.** When we pray the Rosary, we reflect on some of the most epic moments in history. For example, the Annunciation, Mary's moment, the moment when her “yes” changed the world.
- 8. Community.** When we come together to pray the Rosary great things can happen. The Rosary has the power to impact the lives of our loved ones, our communities, and our nation. We can pray for the needs of our families and friends, our communities, for our neighborhoods, schools and churches, and for the hungry, lonely, and sick. We can pray for our nation, our leaders, and our troops. Praying the Rosary can bring peace to a troubled world, healing to broken hearts, and clarity to those in chaos.
- 9. Healing.** Who doesn't want to be rescued from the turbulence and anxiety of modern life? Who doesn't want their soul healed? Every time you pray the Rosary, Jesus welcomes you into his life and you welcome him into your life. Bring him your deepest pains and struggles, and let him heal the hurt. Only great things can happen when you invite Jesus into your life.

There is just something about the Rosary that settles our hearts and minds. It reaches deep down into our souls and puts us at ease, creating a peace that is rare and beautiful.

The benefits of praying the Rosary are countless, but don't take our word for it. Try it for yourself.